

WALKS IN TRIMLEY ST MARY AND GAZETTEER – local names and places

INTRODUCTION – the routes, history and nature notes

Click on the walks files listed in the index below to see a series of downloadable leaflets which describe a range of walks around the village. These walks have been prepared by David and Alison Vickers to whom thanks go for the huge amount of work which this has entailed. To add interest to your walks, there is also a gazetteer with background information on points of interest, and a set of nature notes which focuses on the nature and bird life you might be lucky enough to see on your walks.

Gazetteer

The gazetteer provides lots of fascinating information on places of interest in the local area. Thanks go to Jane Banning (former Trimley St. Mary Recorder) and Elizabeth Rastrick (Trimley St. Martin Recorder), for all their work in producing this for the benefit of the community.

Nature Notes

These were kindly provided by Trimley resident, Robin Biddle. Robin spent much of his childhood living in Trimley St. Mary and has a huge amount of knowledge of the natural world around us and his notes offer a wonderful picture of the variety our villages have to offer.

The Countryside Code

Wherever you choose to walk, please follow the countryside code. You can click on the [Countryside Code leaflet](#) link to download a full copy of the code produced by Natural England, or use their short summary which is set out below:

Respect other people

- Consider the local community and other people enjoying the outdoors
- Park carefully so access to gateways and driveways is clear
- Leave gates and property as you find them
- Follow paths but give way to others where it's narrow

Protect the natural environment

- Leave no trace of your visit, take all your litter home
- Don't have BBQs or fires
- Keep dogs under effective control
- Dog poo -bag it and bin it

Enjoy the outdoors

- Plan ahead, check what facilities are open, be prepared
- Follow advice and local signs and obey social distancing measures.

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