

FROM the HORSE'S MOUTH



TRIMLEY ST. MARY PARISH COUNCIL

**Newsletter
February 2018**

FROM the CHAIR

Trimley St. Mary High Road follows the route used by the Romans and was recorded during the Norman Period. It is the main thoroughfare between Walton and Trimley St. Martin and is depended upon by every parish resident. Along its' mile length we have community buildings and public green areas, almshouses, a residential care home, a nursery school, a primary school, churches, a churchyard, local shops, a family car garage and a free house. There are many fine houses, some close to the highway and some grade listed. The road contains many protected trees and historic features. It serves side roads, lanes, ways, views, places, avenues and closes, and provides access to public footpaths, cycle routes and bridleways leading to areas of outstanding natural beauty. It is relied upon by cars, bicycles and public transport which is supported by regular bus stops with shelters on each side of the road.

But this is not unique and can relate to other villages in Suffolk. What makes our High Road special is its close proximity to the Port of Felixstowe and its classification as a primary route in supporting the A14 dual carriageway.

The parish council is very concerned about the heavy traffic on the High Road and the increased forecasts arising from port related expansion and further large scale housing developments.

The parish council will continue to:

- Maintain the appearance of the village by contributing to the garden landscaping, supporting the Trimley Carnival and their seasonal carnival shields, the Christmas tree and by engaging the services of a village litter picker..
- Monitor safety and security issues on the highway and continue reporting deficient traffic signs, worn road markings, uneven pavements, unsafe vehicle parking and excessive vehicle speeding. We have successfully campaigned to divert the HGVs exiting and entering the Walton South housing development from travelling through the Trimley villages.
- Support the campaign for a 'relief road' through the

planned 'Walton North' housing development which will connect Walton High Street with Candlet Road.

- Purchase and strategically place Air Monitors along the High Road to measure the air quality and provide pollution analysis.
- Continue the program of installing new modern bus shelters replacing the old wooden structures and continuing to provide these facilities with minimal disruption for waiting passengers.
- Acquire and operate mobile Speed Indicator Devices along the High Road, repositioned at various set locations as necessary, to discourage excessive vehicle speeding and to supply data analysis for road usage, vehicle speeds and congestion points.
- Continue to monitor the concerns of pedestrians when crossing the High Road and to pursue initiatives to introduce additional road crossing points where feasible.

The safety of the villagers is a serious concern and the parish council works closely with other government bodies to ensure that this remains prominent on their agendas. In the long term, the parish council intends to develop plans to enhance the old village centre and would welcome any ideas from the villagers about this.

Dog Owners

The vast majority of dog owners in Trimley St. Mary are responsible people who pick up their dog's poo and put it in the bin. There are however a small minority who either do not pick up the poo at all, or pick it up and leave the bag either on the path or hanging in a bush.

There are a lot of dog poo bins in Trimley St Mary and also a number of general bins that are marked up to take dog waste, so please use them. If you know of anywhere you think there should be a poo bin then please let us know, but please remember that it has to be in a place where the van can get access to empty it!

Air Quality in Trimley St Mary

In conjunction with Friends of the Earth, the Parish Council have carried out some air quality tests in the village. The samples were taken at the junction of Station Road / High Road and close to the Church / Mariners pub. The results showed that the levels of pollution were within the limits considered to be safe. The full details can be found on the Parish Council website. The Council will continue to test levels at different sites in the village and post the results on the website.

New Defibrillators

If a person goes into cardiac arrest then the only way of saving their life is defibrillation. Time is of the essence as after only two minutes without defibrillation the chance of survival is 75% and after eight minutes this has reduced to 16%. Cardiac arrest is one of the major causes of death in the UK. It is the sudden severe disturbance of the hearts rhythm (arrhythmia) that stops the heart beating or causes it to beat slowly or so fast that it cannot pump enough blood to sustain life.

If a defibrillator was needed in Trimley St. Mary the nearest were either the one located at the East of England Co-op in Walton or the one at the Sports & Social Club in Trimley St. Martin. From having no defibrillators in Trimley St. Mary we now have three.

Trimley St Mary School now has a defibrillator in memory of the late Chris Hickey who sadly died from Cardiac Arrhythmia in May 2017. Money was raised by a fund-raising event at Tesco, Martlesham, which was where Chris worked, personal donations to his mother and Trimley St. Mary Parish Council. A Defibrillator Awareness event that included training for the school staff was to be held on 24th January 2018 but owing to the chaos on the roads that day and the closure of the Orwell Bridge the trainer from the charity SADS UK (Sudden Arrhythmic Death Syndrome) couldn't make it but as the press had been invited there were photos taken and interviews given

and the story appeared in the Ipswich Star on Friday 26th January 2018. The training for teachers, teaching assistants and any other staff that want to attend is going to be re-arranged for a date in the near future. The defibrillator will There is now also an external defibrillator that is located on the outside of the Welcome Hall. As this is outside it is in a locked box that requires the code to open it. This is available from the emergency services if and when required. The money to buy the device and the box and to fit it came from Richard Kerry, one of our Suffolk Coastal District Councillor's, discretionary fund and Trimley St Mary Parish Council. The defibrillator was purchased through the charity SADS UK.

The Trimley Red Devils Football Club has purchased an iPad SP1 Semi-Automatic Defibrillator through a scheme run by The Football Association. This will be housed in a locked Defibrillator Cabinet fixed to the outside of the Victoria Hall Memorial Pavilion, at Stennetts Memorial Playing Field, making the Defibrillator available for emergency use at any time.

To help safeguard against sudden death SADS UK donates Automated External Defibrillators (AEDs) to organisations such as schools, leisure centres, workplaces, sporting complexes, sports clubs and shopping centres. The SADS UK Big Shock campaign is urging Government to make defibrillators mandatory in all schools.

If you would like to get involved with raising money to get a defibrillator for another local school then please contact Jill Hickey.

Your Council Needs YOU!

There are still vacancies on Trimley St Mary Parish Council for more councillors so if you would like to help the local community and want to contribute something towards the village then come and join us. Anyone that is interested should contact the chairman Neville Mayes.

The Trimley Gun

There is now a plaque in Gun Lane (see pictures opposite) to commemorate the achievement of Thomas Cavendish who was the second Englishman to circumnavigate the world.





THE TRIMLEY GUN

This historic gun is of French origin and dates from the years 1525 to 1547. It is reputed to be one of a pair of guns which Sir Thomas Cavendish, the second Englishman to circumnavigate the world, brought back with him from one of his expeditions. It marks the entrance to the carriageway which led to his home at Grimston Hall.